

PRE-BOARD EXAMINATION, JAN/FEB, 2018
Subject : PSYCHOLOGY
SET: B

Class : XII

Max.Marks: 70

Date :

Time: 3 hours

General Instructions:

- a) All questions are compulsory.
- b) Answers should be brief and to the point.
- c) Questions from 1-10 in **PART A** carry **1 mark** each. Answer them as directed.
- d) Questions from 11- 16 in **PART B** carry **2 marks** each. They should not exceed **30 words**.
- e) Questions from 17-20 in **PART C** carry **3 marks** each. They should not exceed **60 words**.
- f) Questions from 21-26 in **PART D** carry **4 marks** each. They should not exceed **100 words**.
- g) Questions from 27 -28 in **PART E** carry **6 marks** each. They should not exceed **200 words**.

Part A

[10 x 1= 10]

1. The Concept of Emotional Intelligence has been proposed by
 - a) Morgan & Murray
 - b) Binet & Simon
 - c) Salovey & Mayer
 - d) Guilford & Thurstone
2. Attributing one's own traits to others is known as Rationalization. [True/ False]
3. Coping by making efforts to control one's emotion is known as
 - a) Task-oriented strategy
 - b) Emotion-oriented strategy
 - c) Avoidance-oriented strategy
 - d) Goal-oriented strategy
4. PTSD stands for _____.
5. Rational Emotive Therapy has been proposed by _____.
6. When a Attitude change in a direction opposite to the existing attitude , it is called incongruent change. [True/ False]
7. Prejudice is a type of
 - a) Attitude
 - b) Instinct
 - c) Emotion
 - d) Motivation

8. Behaving according to the group norms is called _____.
9. _____ is the study of relationship between living beings and their environment.
- a) Sociology b) Psychology
- c) Ecology d) History

10. _____ involves the ability to interact with others effectively.

Part B

[2 x 6 = 12]

11. How can people be classified on the basis of their IQ?
12. Describe any two factors from the five-factor model of personality?
13. What is Psycho-Neuro-Immunology?
14. Differentiate between Externalizing and Internalizing Disorders of Childhood?
15. How do Groups Differ?
16. What is Public Communication?

Part C

[3x 4 = 12]

17. Differentiate between Culture-Fair and Culture-Biased Test?
18. What are Mood Disorders? Discuss the Types of Mood Disorders?
19. Explain how Message Characteristics facilitate attitude Change?
20. How is Peace Promoted in our Society?

Part D

[4 x 6 = 24]

21. What are Behaviour Ratings? Give two Limitations of Behaviour ratings?
22. What is GAS. Explain how does Selye's Model relate prolonged stress to bodily response?
23. What are the Myths of Counselling?
24. Differentiate between Crowd and Team?
25. How does Mass Media influence us?
26. What are the Advantages and Disadvantages of Observation?

Part E

[6 x 2 = 12]

27. What are the stages of a Counselling Process?
28. What is Pollution? Highlight some of its impact?
-