

**PRE-BOARD EXAMINATION-1 (NOVEMBER-2019)****CLASS: XII****HOME SCIENCE****Time: 3 Hrs.****MAX. MARKS: 70****GENERAL GUIDELINES:**

- (i) All questions are compulsory.
- (ii) There are total 33 questions.
- (iii) Questions no.1-18 Section A, are objective type questions and are of 1 mark each.
- (iv) Questions no.19-23 Section B, are of 2 marks each, to be answered in 10-20 words.
- (v) Questions no.24-25 Section C, are of 3 marks each, to be answered in 20-30 words.
- (vi) Questions no.26-29 Section D, are of 4 marks each, to be answered in 40 words
- (vii) Questions no.30-33 Section E, are of 5 marks each, to be answered in 50-60 words.
- (viii) Internal choices are given in all the sections.
- (ix) Support your answer with suitable examples and figures wherever required.

**SECTION-A****Fill in the blanks:**

- 1 Adolescence is a stage of -----turmoil. 1  
**OR**  
----- is the eating disorder in adolescents which leads to skeletal appearance due to excessive weight loss.
- 2 Heredity is the process of transmitting -----traits from parents to offspring through genes which is the basic unit of heredity. 1
- 3 Proteins and fats have greater -----value as compared to carbohydrates. 1
- 4 Benefits of savings are to----- and ----- . 1
- 5 Liquidity means----- 1  
**OR**  
The person who cooks food should take a bath weekly and change his/her clothes after a week. Yes/No
- 6 The seam is not durable because of----- 1
- 7 The clothes should be properly cared from time to time to make them-----for use 1
- 8 Expansion of DWCR is \_\_\_\_\_. 1
- 9 Boiled water is tasteless because of the absence of-----air in it. 1
- 10 Home science is an -----and ----- . 1

**MULTIPLE CHOICE QUESTIONS:**

- 11 Appearance of swollen tonsils in throat or armpits. Identify the disease? 1  
 a) Syphilis b) AIDS  
 c) Gonorrhoea d) HIV
- 12 What is the name of first yellow milk that comes out of breast of mother? 1  
 a) Serum b) Cholesterol  
 c) Colostrum d) Sterols
- 13 Anita has to buy gold for her daughter's marriage. Which standardized mark she should check on the gold jewellery? 1  
 a) Eco mark b) Wool mark  
 c) Hallmark d) AG mark
- 14 An example of direct real income is: 1  
 a) Skill of family member b) Fringe benefits  
 c) Barter system d) buying a house
- 15 Which of the following makes appearance taller? 1  
 a) Vertical lines b) Horizontal lines  
 c) Diagonal lines d) Plain
- 16 What are 'fasteners' in a baby dress? 1  
 a) Buttons and zippers b) Laces and piping  
 c) Embroidery in a dress d) Stitching
- 17 Hard water does not produce foam with soap. Hardness of water is on account of some minerals present in the water. It is of two types. 1  
 a) Contaminated hardness  
 b) Temporary hardness  
 c) Permanent hardness  
 d) B,C  
 e) A,C
- 18 What do you understand by the term ICDS? 1  
 a) Integrated child development service  
 b) International child development service  
 c) Integrated child development services.  
 d) Informal child development service.

### SECTION -B

- 19 Adolescents are more vulnerable to substance abuse. Write any four consequences of it. 2
- OR**
- “Sex education should be provided in schools”. Justify the statement with the help of two reasons.
- 20 Ramesh has diarrhoea and constipation patients at home. What differences he can do in cooking food for both these patients? 2
- 21 Write any two steps taken by government which ensures that 'Right to safety' of consumers is adequately met and also Write any two advantages of consumer education. 2
- 22 Name any two items with ECO Mark and draw the logo of ISI. 2

- 23 Illustrate any three designs for the sleeve of a kurta for a girl/boy who has thin arms, using elements of design. 2

**OR**

How will you identify a good soap? Give two advantages of washing clothes with soap.

### SECTION-C

- 24 Seema loves to eat but often induces herself to throw up her meals. What do you think she is suffering from? If she continues, what could be the repercussions? How can she be helped? 3

**OR**

After retirement, Mr. Gupta is now staying at home with his family. He often gets angry with everybody in the family. What could be the three reasons for his anger? Suggest three ways by which he can control this emotion

- 25 Your uncle wants to invest money in Public Provident Fund. Guide him three advantages and three disadvantages of this scheme. 3

### SECTION -D

- 26 Sixteen your old Deesha is not taking interest in any class activities and remains isolated. What could be the possible reason for it? Write any three causes and three symptoms of this problem. 4

- 27 Write down the expansion of FSSAI. List down any six conditions under which food is considered adulterated under FSSAI. 4

- 28 Describe any six benefits and two drawbacks of investing money in any insurance scheme. 4

**OR**

What do you understand by a standardized mark? Why are they important? Draw a logo of eco-friendly mark and name any two products on which you find this mark.

- 29 You have to store properly the woollen and silk clothes as these are no more suitable to wear due to the nature of weather. Suggest four points to store for each of them. 4

**OR**

Give two ways each to create balance and Rhythm in a frock of 5 year old girl.

### SECTION-E

- 30 The 'adulthood is divided into three stages: young, middle and old. 5  
i) What are the major differences in terms of developmental tasks?  
ii) How does career take shape from young adulthood to middle adulthood?

**OR**

Describe three cognitive changes you observe in adolescents? Analyze the impact of these changes on the Identity of adolescents.

- 31 Meera is a lactating mother who has been served potato pakoras and imli chutney for evening tea. Analyse this meal and modify it to meet her nutritional needs. Justify the modification with appropriate reasons. 5

- 32 Describe any five problems faced by the consumers, while purchasing goods, vegetables and grocery items from the market. Also write three rights and two duties of an alert consumer in this context. 5

**OR**

What do you understand by real income? Define its two types and two ways of increasing this income.

- 33 You want to buy a dress for your farewell party. What will be the major aspects to be checked before buying it? Explain those by giving appropriate reasons 5