

PRE-BOARD EXAMINATION -2 JANUARY (2019-20)**CLASS: XII****HOME SCIENCE****Time: 3 Hrs.****MAX. MARKS: 70****GENERAL GUIDELINES:**

- (i) All questions are compulsory.
- (ii) There are total 33 questions.
- (iii) Questions no.1-18 Section A, are objective type questions and are of 1 mark each.
- (iv) Questions no.19-23 Section B, are of 2 marks each, to be answered in 10-20 words.
- (v) Questions no.24-25 Section C, are of 3 marks each, to be answered in 20-30 words.
- (vi) Questions no.26-29 Section D, are of 4 marks each, to be answered in 40 words
- (vii) Questions no.30-33 Section E, are of 5 marks each, to be answered in 50-60 words.
- (viii) Internal choices are given in all the sections.
- (ix) Support your answer with suitable examples and figures wherever required.

SECTION-A**Fill in the blanks:**

- 1 The growth and development from the -----to the death follows certain principles. 1

OR

Adolescence experience -----due to hormonal changes, school pressure, peer pressure, conflicts with friends and family.

- 2 The term 'Growth spurt' means -----, 1

- 3 Changes made in the family's diet to meet specific requirements of family members is called-----, 1

- 4 -----means the purchasing power which a family receives in the form of money during a certain period of time." 1

- 5 Inflation, achieving family goals, large family, and financial responsibilities during the expanding stage of family life and secure life are the reasons for -----family income. 1

OR

The person who consumes by paying the value of an item or service for the sake of his needs is called a -----

- 6 -----lines communicates stability, rest or response as objects parallel to earth are at rest like a person lying down in resting or sleeping. 1

- 7 We should purchase fabrics according to our -----and -----, 1

- 8 Expansion of IRDP is -----, 1

9 -----is the cheapest, simple, efficient and reliable method. It destroys microbes, but does not remove the dirt of water. 1

10 In which year the home science subject were brought under one discipline ----- . 1

MULTIPLE CHOICE QUESTIONS:

11 To fulfill the social needs of elderly, an ideal old age home should have: 1
a. Medical and health care facilities
b. Nutritious meals
c. Safety and security
d. Company of own age

12 Constipation is a physiological disorder of alimentary canal. It has four types 1
a) Atomic, Spastic, Obstructive, Acute.
b) Atomic, Spastic, Chronic, Acute.
c) Atomic, Spastic, Obstructive, Psychological.
d) Atomic, Hepatocellular, Obstructive, Acute.

13 In which year the Consumer Protection Act was enacted? 1
a)1984
b)1987
c)1988
d)1986

14 This expenditure is fixed and there can be no reduction in it such as : 1
a) House rent, insurance charges.
b) Food and clothing.
c) Luxury items and comfort items.
d) All of the above.

15 Round –shaped neck line gives an illusion of? 1
a)Slandering look
b) Roundness of face.
c) Broader look to the face.
d) All of the above.

16 When embroidery, buttons, frills, lace, piping, mirrors etc. Are used to make the basic apparel beautiful, then it is called? 1
a)Abstract Design
b)Structural Design
c)Decorative Design
d) None of the above.

17 Which filter is used to filter physical impurities, such as sand, soil, rust, etc.? 1
a)Pre-carbon Filter
b)Carbon block
c)Sediment Filter
d)None of the above

18 The main objective of Mahatma Gandhi Rural Employment Guarantee Act is to provide employment for at least ----- days. 1
a)110
b)120
c)109
d)100

SECTION –B

- 19 Due to anger, Mrs. Verma generally keeps fighting with the neighbours. She repents for it later. Suggest to her four measures for controlling her anger. 2

OR

Present a scheme for fulfilling social needs of an 80-year-old person.

- 20 What is the requirement of Iron during lactation and why? 2
- 21 A family's daily requirement for milk changes frequently. Prepare a format to record it's per week expenditure on milk. 2
- 22 Skills of a family can help increase the real income of a family. Support the statement with the help of examples. 2
- 23 Rahul is not happy with the seams of readymade pant. What are the possible reasons for his dissatisfaction? 2

OR

How will you identify a good soap? Give two advantages of washing clothes with soap.

SECTION-C

- 24 What type of physical and mental problems occur in a person of 55 years. These problems can be of what type? Explain. 3

OR

Your friend Neeraj has become a victim of stress caused by the peer pressure. What would you suggest to parents of Neeraj to eliminate his stress?

- 25 Ramesh is an income tax payer. Convince him to invest in three tax saving schemes with reasons. 3

SECTION-D

- 26 Peers can exert positive pressure or negative pressure on a teenager. Support this statement with four examples each. 4
- 27 What is jaundice? Write its three specific clinical symptoms. Suggest four specific dietary recommendations for such patients. 4
- 28 Sudha buys vegetables from nearby market. Alert her on at least four ways the vendor may adopt to cheat her. Write four of her responsibilities as an aware consumer? 4

OR

The water in which you soaked the Bengal gram (Channa dal) turned yellow. You also find that the shape of the dal is not uniform. What in your opinion is the reason for these two observations? Name two more foods you have noticed have the same problem. What are the health hazards of consuming such foods?

- 29 Suggest an appropriate dress, keeping in mind elements of art and principles of design to suit your friend who is tall, heavy and fair. 4

OR

Give two ways each to create balance and Rhythm in a frock of 5 year old girl.

SECTION-E

- 30 Your friend is suffering from Bulimia Nervosa but she is not sure about the disorder. Tell her various physical and psychological symptoms of Bulimia Nervosa. 5

OR

Identify any five emotional changes happening in adolescent girls. How do these changes influence their personality?

- 31 Plan a diet for a patient suffering from Hypertension? 5

- 32 Every employee invests a part of his income in PPF and EPF. Compare the features of Public Provident Fund (PPF) and Employee Provident Fund (EPF). 5

OR

Write down the factors affecting income and expenditure of a family.

- 33 You have to design a frock for a one-year-old girl. What two features would you consider while selecting fabric for the frock? Suggest four ways each you can ensure rhythm and satisfactory workmanship in this dress. 5

