

SECOND PREBOARD EXAMINATION (2019-20)

CLASS: XII

Subject: PSYCHOLOGY

Date: 23 .01.2020

Time allowed: 3 hours

Maximum Marks: 70

General instructions:

1. **All** questions are **compulsory**.
2. Marks for each question are indicated against it.
3. Answer should be brief and to the point.
4. Please check that this question paper contains 5 printed pages only.
5. Please check that this question paper contains 32 questions.

Part A

1. The _____ to intelligence lay emphasis on studying intelligence as a constellation of abilities, expressed in quantitative terms such as IQ.
a) Psychometric approaches
b) Information-processing approach
c) Simultaneous processing
d) Cognitive Assessment system 1
2. _____ involves the ability to perceive and manage ones and others feelings and emotions, to motivate oneself and restrain ones impulses, and to handle interpersonal relationships effectively. 1
3. Ability refers to an individual's potential for acquiring some specific skills. True/False 1
4. _____ is a dynamic situation –specific individual reaction to stress. 1

5. A person exhibits vague and recurring physical / bodily symptoms such as pain, acidity, etc..., without any organic cause.
 - a) Somatization
 - b) Conversion
 - c) hypochondriasis
 - d) pain disorder

1

6. People suffering from mania becomes euphoric ("high"), extremely active, excessively talkative, and easily distractible. True/False

1

7. Vicarious learning by observing others, is used and through a process of rewarding small changes in the behavior, the client gradually learns to acquire the behaviour of the model.

1

8. The _____ views personality as the response of an individual to the environment.

1

9. The entire set of processes involved in understanding the social world around us is called _____.

1

10. Intelligence refers to psychophysical characteristics of a person that are relatively stable across situations and over time and make her or him unique True/False

1

11. A _____ disrupts the normalcy within a society and causes damage, destruction and human suffering.

1

12. Self-report measures attempt to assess personality by using fairly structured tests. True/False

1

13. Classification of psychological disorders has been done by _____ and the _____.

1

14. A new discipline called _____ has emerged, which seeks to alleviate stress due to diseases through modification in behavior.

- a) Behaviour medicine
 - b) Diathesis -stress model
 - c) Ecology
 - d) Environment design 1
15. _____ is an expression, and consequence of frustration, i.e an emotional state that arises when a person is prevented from reaching a goal, or attaining an object that s/he wants. 1
16. _____ behavior includes both actions that are meant to protect the environment from problems ,and to promote a healthy environment. 1
17. _____, _____, and _____ and _____ facilitate group formation. 1

Part B

- 18. Explain the concept of “Antyodaya”. 2
- 19. Discuss consequences of intergroup conflict? 2
- 20. Explain any two stress management techniques? 2
- 21. How does the Indian notion of self-differ from the western notion?

Or

- What is meant by structured personality tests? 2

Part C

- 22. Can a long -standing pattern of deviant behavior be considered abnormal ? elaborate 3

23. What are the different features of attitude ? 3

24. Explain the concept of defence mechanism.

Or

Discuss Behavioral rating to assess personality 3

Part D

25. What is self-actualization? 4

26. Discuss cognitive theory of stress? 4

27. Discuss various approaches to explain mental disorders. 4

28. What are the basic assumptions of behaviour therapy ? 4

29. Explain Balance Theory of Attitude change. 4

30. What is prisoner's dilemma ?explain .

OR

What are the characteristics of group? 4

Part E

31. Explain the theories related to Psychometric Approach of Intelligence.

OR

Any intellectual activity involves the independent functioning of three 'neurological system '. Explain 6

32. What do you understand by the term counselling? explain the characteristics of an effective counsellor .

OR

What are the generic skills needed by all psychologists?

6